



## Tölt in Harmony Level 1

**Aim:** To help move forward towards a more horse-friendly sport with more rideable horses.

**Arena: 20 x 60 or 20 x 40 m.**

If the arena is 20 x 60 m, the short sides are ridden as an 18 m circle. If the arena is 20 x 40 m, the short sides are ridden as an 14 m circle. On each short side there are 18/14 m circles. (See the three diagrams). Elements 1 and 2 are shown in tölt or in trot but both elements have to be shown in the same gait. If the rider shows trot, the rider should do rising trot on the correct diagonal and change diagonal at X. Element 3 is walk, with halt at C. **Level 1 is judged according to A in the training scale. Beat, suppleness and contact.**

The rider enters on one of the short sides and rides, via any route to A (max one minute from entrance to A).

**Element 1. Figure of 8.** The rider begins in working to medium tempo tölt (or trot) and nods at A.

The rider rides one complete figure 8 on the special track, see diagram. It is important to keep an even rhythm (beat and speed) throughout the entire element. When the rider reaches A, the rider starts element 2.

**Element 2. Circles.** The rider rides at any speed (which speed has to be kept throughout Element 2), according to the diagram, at A an 18 m circle (14 m if the arena is 20 x 40 m). Then the rider follows the diagonal line across to the other short side and at C does an 18m (14m) circle. The rider then follows the diagonal line and continues on to the large circle. When the rider reaches A, the rider starts Element 3.

**Element 3. Diagonal in walk.** At A, the rider makes a transition to walk and rides across the diagonal in a relaxed, but still energetic walk with rein contact. At C, the rider halts for three seconds and the rider nods to indicate the end of the test. The test has now been completed and the horse and rider leave the track. See diagram.

### Other information

The rider may choose his own music and determine its volume (low, medium or high). If the rider does not hand in his own music the speaker will choose the music and determine the volume. The horse shall be equipped with a saddle (with or without tree), snaffle bridle, reins and four shoes (shoes according to FIPO). Other permitted equipment is: noseband and saddle cloth/numnah. Boots on feet/legs, or other protective equipment is prohibited. A whip is not permitted. The horse's mane can be plaited. The rider's attire should be according to FIPO.

*Tölt in Harmony, March 24, 2014*



## Tölt in Harmony Level 2

**Aim:** To help move forward towards a more horse-friendly sport with more rideable horses.

**Arena:** 20 x 60 or 20 x 40 m.

If the arena is 20 x 60 m the short sides are ridden as an 18 m circle. If the arena is 20 x 40 m the short sides are ridden as an 14 m circle. On each short side there are 8 m circles starting at A/C. See the three diagrams. All elements are shown in tölt except the transition from tölt to walk to halt at the end of element 3. **Level 2 is judged according to A and B in the training scale. Beat, suppleness, contact, impulsion and straightness.**

The rider enters on one of the short sides and rides, via any route to A (max one minute from entrance to A).

**Element 1. Figure of 8.** The rider begins in working to medium tempo tölt and nods at A. The rider then rides one complete figure 8 on the special track, see diagram. It is important to keep an even rhythm (beat and speed) throughout the entire element. When the rider reaches A, the rider starts element 2.

**Element 2. Circles.** The rider enters at A, at any speed (the same speed should be maintained throughout the whole element), and does an 8 m circle. The rider then follows the diagonal line across to the other short side and at C does an 8 m circle.

**Element 3. Speed changes.** The rider continues in working tölt and passes by C, enters the diagonal line where increasing of the speed starts. At X the rider begins to decrease speed and where the curved track starts, the horse should be in working tölt until the next diagonal line, where the second increase of speed should start. At X the rider should start to decrease speed again, and be back in working tölt at the the next curved track. Then transition to walk and halt for three seconds at C and nods to indicate the end of the test. The test has now been completed and the horse and rider leave the track. See diagram.

### Other information

The rider may choose his own music and determine its volume (low, medium or high). If the rider does not hand in his own music the speaker will choose the music and determine the volume. The horse shall be equipped with a saddle (with or without tree), snaffle bridle, reins and four shoes (shoes according to FIPO). Other permitted equipment is: noseband and saddle cloth/numnah. Boots on feet/legs, or other protective equipment is prohibited. A whip is not permitted. The horse's mane can be plaited. The rider's attire should be according to FIPO.

*Tölt in Harmony, March 24, 2014*



## Tölt in Harmony Level 3

**Aim:** To help move forward towards a more horse-friendly sport with more rideable horses.

**Arena:** 20 x 60 or 20 x 40 m.

If the arena is 20 x 60 m the short sides are ridden as an 18 m circle. If the arena is 20 x 40 m the short sides are ridden as an 14 m circle. On either side of X is an 8m circle. See the three diagrams. All elements are shown in tölt except the transition from tölt to walk to halt at the end of element 3. **Level 3 is judged according to A, B and C in the training scale. Beat, suppleness, contact, impulsion, straightness and collection.**

The rider enters on one of the short sides and rides, via any route to A (max one minute from entrance to A).

**Element 1. Figure of 8.** The rider begins in working to medium tempo tölt and nods at A. The rider rides one complete figure 8 on the special track, see diagram. It is important to keep an even rhythm (beat and speed) throughout the entire element. When the rider reaches A, the rider starts element 2.

**Element 2. Circles.** The rider rides twice around the nearest 8m circle, according to the diagram, at any speed (though the same speed should be maintained throughout the whole element). He then follows the diagonal line across to the other 8m circle and rides around it twice. The rider then follows the diagonal line to the 18 m (**14 m**) circle. When he reaches C he starts Element 3.

**Element 3. Speed changes.** The rider continues in working tölt and passes by C, enters the diagonal line where increasing of the speed starts. At X the rider begins to decrease speed and where the curved track starts, the horse should be in working tölt until the next diagonal line, where the second increase of speed should start. At X the rider should start to decrease speed again, and be back in working tölt at the the next curved track. Then transition to walk and halt for three seconds at C and nods to indicate the end of the test. The test has now been completed and the horse and rider leave the track. See diagram.

### Other information

The rider may choose his own music and determine its volume (low, medium or high). If the rider does not hand in his own music the speaker will choose the music and determine the volume. The horse shall be equipped with a saddle (with or without tree), snaffle bridle, reins and four shoes (shoes according to FIPO). Other permitted equipment is: noseband and saddle cloth/numnah. Boots on feet/legs, or other protective equipment is prohibited. A whip is not permitted. The horse's mane can be plaited. The rider's attire should be according to FIPO.

*Tölt in Harmony, March 24, 2014*